

Nursing Assistant

California Department Public Health: 30 Day

\$2,395

This course consists of 201.5 plus hours depending on the class enrolled in. It is divided into theoretical content and clinical experience in a skilled nursing facility. The primary objective is to prepare the nursing assistant in the state of California the basic nursing skills enabling them to pass certification by the State of California, as a Nursing Assistant. The student is expected to gain employment in the demanding health care field.

Home Health Aide

California Department Public Health: 6 day, 26 CE hrs.

\$699

You must be a Nursing Assistant to enter this course. This course consists of 48 hours. It is divided into 3 days theoretical content in classroom and 3 days of clinical experience in a skilled nursing facility which consists of Introduction to Aide and Agency Role, Interpretation of Medical and Social Needs of Clients, Personal Care Services, Nutrition and Cleaning and Care Tasks in the Home.

Restorative Nursing Assistant (RNA)

California Department Public Health: 1 day

\$495

Becoming a Restorative Nursing Assistant (RNA). Advance your career today to provide Restorative Care to ensure residents maintain the independence they deserve and a level of psychosocial and physical well-being.

Lift Team Technician

California Department Public Health: 4 day, 32 CE hrs.

\$550

This course is concentrated with objectives leading to future working in the hospital setting. You will provide assistance with the healthcare team in performing necessary patient lifts, transfers and positioning of patients.

Certificate in Stress Reduction and the Caregiver

California Department Public Health: 2 day, 16 CE hrs.

\$595

This is a 16 CE hr course designed to educate the student on Adult Caregiving with an emphasis on Stress Reduction. This course will address the needs of the adult populations, acute and chronic problems, safety, ethics, knowledge and positive attitude, skills needed while ensuring competence and confidence. Caregivers play a significant role in managing tasks and activities of everyday living in the client's life. All materials needed for the course are including in your cost. At the end of the course, the student is prepared to meet the needs of the clients in the privacy of their home, hospices, or home health while reducing their stress as a caregiver.

Medication Technician

California Department Public Health: 2 day

\$595

This course is designed to train nursing assistants and residential attendants to safely administer Non-parenteral medications in long-term care (nursing home) facilities and related areas.

Certificate in Gerontology

Board of Registered Nursing: 2 day, 16 CE hrs.

\$199

This 2 day course will provide you with the knowledge and skills for students in various careers to effectively meet the needs of the aging population. This course is also for the individual who is seeking to enhance their core knowledge in care of the older adults. Topics include holistic concepts and practices, living in harmony with the many chronic conditions older adults may face and nurturing of the older adult with integrative approaches. This course will also include the impact of increased life expectancy and aging on the system, individuals, families, and health care providers.

Director of Staff Development (DSD)

Board of Registered Nursing: 3 days, 24 CE hrs.

\$1,699

DSD Course Pre-requisite: According to Title 22, the student must be an RN or LVN

Option I: Have one year experience as a licensed nurse providing direct patient care in a Long Term Care facility and two years of planning, implementing and evaluating education program in nursing.

Option II: Have two years full time experience as a licensed nurse providing direct patient care, at least one year of direct patient must be in a nursing facility. Upon successful completion of this 3 day, DSD course, the student will gain knowledge in the history of long term care, Director of Staff development job description, long term care regulations, orientation procedure, inservice procedure, CNA annual performance reviews, CNA evaluations, adult learners, certification verification and regulations, teaching methods, writing lesson plans and accurate record keeping. Students should plan on spending one to three hours completing homeassignments on the first evening of class. Each student maybe required to prepare a teaching exercise at home on the third day of class.

Certificate in Nursing Psychiatric Disorders

Board of Registered Nursing: 2 day, 16 CE Hrs

\$199

This course is designed to address the changes in healthcare as integrative and holistic therapies are being used to treat mental health disorders. Topics include bipolar disorders, sleep disorders, depression, mental health and aging.

Research Dissemination for Nurses

Board of Registered Nursing: 1 day, 8 CE hrs.

\$199

This course is designed for learners who are interested in learning the fundamentals necessary to create and modify basic poster presentations using MS Office PowerPoint 2010.

Certificate in End of Life/Hospice Care

Board of Registered Nursing: 2 day ,16 CE hrs

\$199

This is a 16 hr. course designed to provide you with professional education on individuals, young and older adult who are living with chronic, debilitating or terminal illnesses. The demand for compassionate and well informed providers to the meet the needs of the terminally ill are increasing. This course will also offer how to increase the quality of life when the quantity is limited. Practical advice will also be reviewed not only for the family and loved ones, but for caregivers on how to recognize, understand the special needs and how to respond or communicate to a dying person's messages. You will be taught how to accept and respect other's beliefs. Help someone to transition with dignity and the respect that they deserve.

Advanced Cardiac Life Support (ACLS) Course

Board of Registered Nursing: 2 days, 16 CE hrs.

\$199

The Advanced Cardiac Life Support Course is designed for healthcare providers who direct or participate in managing cardiovascular emergencies or cardiopulmonary arrest and to improve outcomes of the patient. This is a 16 hr. course (two 8 hr. days) which is offered through didactic instruction and active participation is required for simulated cases. The student will enhance their skills in the diagnosis and effective ways to treat cardiopulmonary, stroke, acute coronary syndromes (ACS) and patients with acute arrhythmias. The student will also be able to apply important concepts which include BLS, CPR, ACLS survey and algorithms, effective resuscitation team dynamics and including immediate post cardiac arrest care. Prior to the course, the student is expected to review the manual and complete the self- assessment provided. At the end of the course, the student will participate in a Megacode situation station to validate achievement of course objectives and receive the course completion card. Costs include all materials for a 2 day workshop.

Domestic Violence Crisis Prevention

Board of Registered Nursing: 1 day, 8 CE hrs.

\$149

This course will focus on recognizing signs and symptoms of an abuser, personality traits, safety for the family, how to survive, and resources in the community for the abuser and abuse/s.

Intro to Physical Fitness Trainer

Board of Registered Nursing: 2 days, 16 hrs.

\$299

This course provides an overview of the traits and skills of a successful personal trainer, career opportunities, and income potential. Course material covers the evolution of fitness programs and finding, motivating and retaining clients. If you love fitness and are looking for an alternative to the traditional 9 to 5 job, becoming a personal training will turn your passion into your career. Opportunities for personal trainers include college athletic programs, mobile personal trainers, fitness clubs, and an opportunity to become a personal trainer for youth and adults.

Introduction to Kinesiology Part I

Board of Registered Nursing: 2 days, 16 hrs.

\$375

This course provides an overview of the traits and skills of a successful personal trainer, career opportunities, and income potential. Course material covers the evolution of fitness programs and finding, motivating and retaining clients. If you love fitness and are looking for an alternative to the traditional 9 to 5 job, becoming a personal training will turn your passion into your career. Opportunities for personal trainers include college athletic programs, mobile personal trainers, fitness clubs, and an opportunity to become a personal trainer for youth and adults.

Introduction to Kinesiology Part II

Board of Registered Nursing: 2 days, 16 CE hrs.

\$299

This 2 day course ,16 CE hrs. is designed to study exercise implications for special populations related to age, medical condition, level of fitness. Topics include core strength through aerobic conditionings, utilizing various exercise equipment, for body tone, exercise prescriptions for cardiac conditions, diabetes, orthopedic, obesity, neuromuscular, pregnant populations, athletic individuals and the older populations.

Principles of Teaching & Strategies

Board of Registered Nursing: 1 day, 8 CE hrs.

\$199

This 2 day course ,16 CE hrs. is designed to study exercise implications for special populations related to age, medical condition, level of fitness. Topics include core strength through aerobic conditionings, utilizing various exercise equipment, for body tone, exercise prescriptions for cardiac conditions, diabetes, orthopedic, obesity, neuromuscular, pregnant populations, athletic individuals and the older populations.

Professional Development

Board of Registered Nursing: 1 day,8 CE hrs.

\$150

Careers are constantly evolving and can be overwhelming to keep up with. In this course, you will be taught how to keep up in any career from the materials presented to you in this course. You will be able to apply your knowledge on your job the next day. Your educator for this course has countless years of professional experience and is a stellar leader in the community.

Wound Care Certification for Nurses

Board of Registered Nursing: 2 day,16 CE hrs.

\$499

Careers are constantly evolving and can be overwhelming to keep up with. In this course, you will be taught how to keep up in any career from the materials presented to you in this course. You will be able to apply your knowledge on your job the next day. Your educator for this course has countless years of professional experience and is a stellar leader in the community.

The Person's Rights

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course will focus on recognizing how to protect the person's rights, the ombudsman role, and how to promote PRIDE in the person, the family, and yourself. Understand Expectations, Rights, and Responsibilities.

Ethics and Law

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course provide how to protect the right to privacy, to explain the purpose of informed consent. To explain your role in relation to wills with elder, child, and domestic abuse. Understanding how to promote PRIDE in the person, the family, and yourself .

Confusion and Dementia

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course promote how to promote PRIDE in the person, the family, and yourself. To understand validation therapy, the effects of AD on the family with care with AD and other dementias.

Pressure Ulcers

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course explains how to prevent pressure ulcers and to site. To identify the cause and the risk factors for pressure ulcers. To promote PRIDE in the person, the family, and yourself.

Safety

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course explains how to prevent accident risk, safety measures for infants and children. To identify a person before giving care. The safety measures to prevent burns, poisoning, and suffocation. Explain how to protect yourself from workplace violence. Understand how to prevent equipment accidents and to handle hazardous substances.

Preventing Falls

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course explains how to use bed rails, hand rails and grab bars, wheel locks safely. To help the person who is falling.

Safely Moving and Transferring the Person

Board of Registered Nursing: Half-day, 5 CE hrs.

\$99

This course provide comfort and safely measures for moving and transferring the person. To prevent work related injuries when moving and transferring persons. To identify the information needed from the nurse and care plan before moving and transferring persons.

Body Mechanics

Board of Registered Nursing: Half-day, 4 CE hrs.

\$99

This course explains the purpose and rules of body mechanics, how ergonomics that can prevent work related injuries. Identify the causes, signs, and symptoms of back injuries. To position persons in the basic bed positions and in a chair.

Preventing Infection

Board of Registered Nursing: Half-day, 5 CE hrs.

\$99

This course identify what microbes need to live and grow. To explain the chain of infection, how to care for equipment and supplies, Bloodborne Pathogen Standard, and the principles and practices of surgical asepsis.

Communicating

Board of Registered Nursing: Half-day, 5 CE hrs.

\$99

This course explain why health team members need to communicate to rules for good communication. To explain the purpose, parts, and information found in the medical records. Using the 24 hour clock, medical terminology, and abbreviations. To learn how to use computers and other electronic devices and used in health care. To solve and deal with conflict.

As an encouragement, please read the following:

Take the Power to Make Your Life a Success!

by Susan Polis Schutz, Blue Mountain Arts.

This life is yours

Take the power

To choose what you want to do

And do it well

Take the power

To love what you want in life

And love it honestly

Take the power

To walk in the forest

And be part of nature

Take the power

To control your own life

No one else can do this for you

Nothing is too good for you

You deserve the best

Take the power

To make your life

Healthy

Exciting and worthwhile

The time is now Take the power To create a successful happy life!