

**Nursing Assistant**

**California Department Public Health: 29 Day**

*\$2,150*

This course consists of 201.5 plus hours depending on the class enrolled in. It is divided into theoretical content and clinical experience in a skilled nursing facility. The primary objective is to prepare the nursing assistant in the state of California the basic nursing skills enabling them to pass certification by the State of California, as a Nursing Assistant. The student is expected to gain employment in the demanding health care field.

**Home Health Aide**

**California Department Public Health: 6 day, 26 CE hrs.**

*\$699*

You must be a Nursing Assistant to enter this course. This course consists of 48 hours. It is divided into 3 days theoretical content in classroom and 3 days of clinical experience in a skilled nursing facility which consists of Introduction to Aide and Agency Role, Interpretation of Medical and Social Needs of Clients, Personal Care Services, Nutrition and Cleaning and Care Tasks in the Home.

**Restorative Nursing Assistant (RNA)**

**California Department Public Health: 2 day**

*\$495*

Pre-requisite: Certified Nursing Assistant (CNA)

Becoming a Restorative Nursing Assistant (RNA). Advance your career today to provide Restorative Care to ensure residents maintain the independence they deserve and a level of psychosocial and physical well-being.

**Lift Team Technician**

**California Department Public Health: 4 day**

*\$550*

This course is concentrated with objectives leading to future working in the hospital setting. You will provide assistance with the healthcare team in performing necessary patient lifts, transfers and positioning of patients.

**Caregiver / Prevention of Burnout**

**California Department Public Health: 2 day**

*\$595*

This is a course designed to educate the student on Adult Caregiving with an emphasis on Stress Reduction. This course will address the needs of the adult populations, acute and chronic problems, safety, ethics, knowledge and positive attitude, skills needed while ensuring competence and confidence. Caregivers play a significant role in managing tasks and activities of everyday living in the client's life. All materials needed for the course are including in your cost. At the end of the course, the student is prepared to meet the needs of the clients in the privacy of their home, hospices, or home health while reducing their stress as a caregiver.

**Medication Technician**

**California Department Public Health: 3 day**

**\$595**

This course is designed to train nursing assistants and residential attendants to safely administer Non-parenteral medications in long-term care (nursing home) facilities and related areas.

**Certificate in Gerontology**

**Board of Registered Nursing: 2 day, 16 CE hrs.**

**\$199**

This 2 day course will provide you with the knowledge and skills for students in various careers to effectively meet the needs of the aging population. This course is also for the individual who is seeking to enhance their core knowledge in care of the older adults. Topics include holistic concepts and practices, living in harmony with the many chronic conditions older adults may face and nurturing of the older adult with integrative approaches. This course will also include the impact of increased life expectancy and aging on the system, individuals, families, and health care providers.

**Director of Staff Development (DSD)**

**Board of Registered Nursing: 3 days, 24 CE hrs.**

**\$1,699**

DSD Course Pre-requisite: According to Title 22, the student must be an RN or LVN

Option I: Have one year experience as a licensed nurse providing direct patient care in a Long Term Care facility and two years of planning, implementing and evaluating education program in nursing.

Option II: Have two years full time experience as a licensed nurse providing direct patient care, at least one year of direct patient must be in a nursing facility. Upon successful completion of this 3 day, DSD course, the student will gain knowledge in the history of long term care, Director of Staff development job description, long term care regulations, orientation procedure, inservice procedure, CNA annual performance reviews, CNA evaluations, adult learners, certification verification and regulations, teaching methods, writing lesson plans and accurate record keeping. Students should plan on spending one to three hours completing homeassignments on the first evening of class. Each student maybe required to prepare a teaching exercise at home on the third day of class.

**Certificate in Nursing Psychiatric Disorders**

**Board of Registered Nursing: 2 day, 16 CE Hrs**

**\$199**

This course is designed to address the changes in healthcare as integrative and holistic therapies are being used to treat mental health disorders. Topics include bipolar disorders, sleep disorders, depression, mental health and aging.

**Research Dissemination for Nurses**

**Board of Registered Nursing: 1 day, 8 CE hrs.**

*\$199*

This course is designed for learners who are interested in learning the fundamentals necessary to create and modify basic poster presentations using MS Office PowerPoint 2010.

**Certificate in End of Life/Hospice Care**

**Board of Registered Nursing: 2 day ,16 CE hrs**

*\$199*

This is a 16 hr. course designed to provide you with professional education on individuals, young and older adult who are living with chronic, debilitating or terminal illnesses. The demand for compassionate and well informed providers to the meet the needs of the terminally ill are increasing. This course will also offer how to increase the quality of life when the quantity is limited. Practical advice will also be reviewed not only for the family and loved ones, but for caregivers on how to recognize, understand the special needs and how to respond or communicate to a dying person's messages. You will be taught how to accept and respect other's beliefs. Help someone to transition with dignity and the respect that they deserve.

**Advanced Cardiac Life Support (ACLS) Course**

**Board of Registered Nursing: 2 days, 16 CE hrs.**

*\$199*

The Advanced Cardiac Life Support Course is designed for healthcare providers who direct or participate in managing cardiovascular emergencies or cardiopulmonary arrest and to improve outcomes of the patient. This is a 16 hr. course (two 8 hr. days) which is offered through didactic instruction and active participation is required for simulated cases. The student will enhance their skills in the diagnosis and effective ways to treat cardiopulmonary, stroke, acute coronary syndromes (ACS) and patients with acute arrhythmias. The student will also be able to apply important concepts which include BLS, CPR, ACLS survey and algorithms, effective resuscitation team dynamics and including immediate post cardiac arrest care. Prior to the course, the student is expected to review the manual and complete the self- assessment provided. At the end of the course, the student will participate in a Megacode situation station to validate achievement of course objectives and receive the course completion card. Costs include all materials for a 2 day workshop.

**Domestic Violence Crisis Prevention**

**Board of Registered Nursing: 1 day, 8 CE hrs.**

*\$149*

This course will focus on recognizing signs and symptoms of an abuser, personality traits, safety for the family, how to survive, and resources in the community for the abuser and abuse/s.

**Intro to Physical Fitness Trainer**

**Board of Registered Nursing: 2 days, 16 hrs.**

**\$299**

This course provides an overview of the traits and skills of a successful personal trainer, career opportunities, and income potential. Course material covers the evolution of fitness programs and finding, motivating and retaining clients. If you love fitness and are looking for an alternative to the traditional 9 to 5 job, becoming a personal training will turn your passion into your career. Opportunities for personal trainers include college athletic programs, mobile personal trainers, fitness clubs, and an opportunity to become a personal trainer for youth and adults.

**Introduction to Kinesiology Part I**

**Board of Registered Nursing: 2 days, 16 hrs.**

**\$375**

This course provides an overview of the traits and skills of a successful personal trainer, career opportunities, and income potential. Course material covers the evolution of fitness programs and finding, motivating and retaining clients. If you love fitness and are looking for an alternative to the traditional 9 to 5 job, becoming a personal training will turn your passion into your career. Opportunities for personal trainers include college athletic programs, mobile personal trainers, fitness clubs, and an opportunity to become a personal trainer for youth and adults.

**Introduction to Kinesiology Part II**

**Board of Registered Nursing: 2 days, 16 CE hrs.**

**\$299**

This 2 day course ,16 CE hrs. is designed to study exercise implications for special populations related to age, medical condition, level of fitness. Topics include core strength through aerobic conditionings, utilizing various exercise equipment, for body tone, exercise prescriptions for cardiac conditions, diabetes, orthopedic, obesity, neuromuscular, pregnant populations, athletic individuals and the older populations.

**Principles of Teaching & Strategies**

**Board of Registered Nursing: 1 day, 8 CE hrs.**

**\$199**

This 2 day course ,16 CE hrs. is designed to study exercise implications for special populations related to age, medical condition, level of fitness. Topics include core strength through aerobic conditionings, utilizing various exercise equipment, for body tone, exercise prescriptions for cardiac conditions, diabetes, orthopedic, obesity, neuromuscular, pregnant populations, athletic individuals and the older populations.

**Professional Development**

**Board of Registered Nursing: 1 day,8 CE hrs.**

*\$150*

Careers are constantly evolving and can be overwhelming to keep up with. In this course, you will be taught how to keep up in any career from the materials presented to you in this course. You will be able to apply your knowledge on your job the next day. Your educator for this course has countless years of professional experience and is a stellar leader in the community.

**Wound Care Certification for Nurses**

**Board of Registered Nursing: 2 day,16 CE hrs.**

*\$499*

Careers are constantly evolving and can be overwhelming to keep up with. In this course, you will be taught how to keep up in any career from the materials presented to you in this course. You will be able to apply your knowledge on your job the next day. Your educator for this course has countless years of professional experience and is a stellar leader in the community.

**The Person's Rights**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course will focus on recognizing how to protect the person's rights, the ombudsman role, and how to promote PRIDE in the person, the family, and yourself. Understand Expectations, Rights, and Responsibilities.

**Ethics and Law**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course provide how to protect the right to privacy, to explain the purpose of informed consent. To explain your role in relation to wills with elder, child, and domestic abuse. Understanding how to promote PRIDE in the person, the family, and yourself .

**Confusion and Dementia**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course promote how to promote PRIDE in the person, the family, and yourself. To understand validation therapy, the effects of AD on the family with care with AD and other dementias.

**Pressure Ulcers**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course explains how to prevent pressure ulcers and to site. To identify the cause and the risk factors for pressure ulcers. To promote PRIDE in the person, the family, and yourself.

### **Safety**

#### **Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course explains how to prevent accident risk, safety measures for infants and children. To identify a person before giving care. The safety measures to prevent burns, poisoning, and suffocation. Explain how to protect yourself from workplace violence. Understand how to prevent equipment accidents and to handle hazardous substances.

### **Preventing Falls**

#### **Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course explains how to use bed rails, hand rails and grab bars, wheel locks safely. To help the person who is falling.

### **Safely Moving and Transferring the Person**

#### **Board of Registered Nursing: Half-day, 5 CE hrs.**

*\$99*

This course provide comfort and safely measures for moving and transferring the person. To prevent work related injuries when moving and transferring persons. To identify the information needed from the nurse and care plan before moving and transferring persons.

### **Body Mechanics**

#### **Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$99*

This course explains the purpose and rules of body mechanics, how ergonomics that can prevent work related injuries. Identify the causes, signs, and symptoms of back injuries. To position persons in the basic bed positions and in a chair.

### **Preventing Infection**

#### **Board of Registered Nursing: Half-day, 5 CE hrs.**

*\$99*

This course identify what microbes need to live and grow. To explain the chain of infection, how to care for equipment and supplies, Bloodborne Pathogen Standard, and the principles and practices of surgical asepsis.

### **Communicating**

#### **Board of Registered Nursing: Half-day, 5 CE hrs.**

*\$99*

This course explain why health team members need to communicate to rules for good communication. To explain the purpose, parts, and information found in the medical records. Using the 24 hour clock, medical terminology, and abbreviations. To learn how to use computers and other electronic devices and used in health care. To solve and deal with conflict.

**Basic Medical Terminology**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$49*

This course is a basic medical terminology course to introduce the application of basic word structure, applying medical terminology, learn basic structure of medical words, word building, definitions, dividing words into component parts, learning meaning of basic combining forms, prefixes, and suffixes of the medical language

**Vital Signs**

**Board of Registered Nursing: Half-day, 4 CE hrs.**

*\$49*

This course defines the key terms, abbreviations and perform vital signs. This course will be able to explain why vital signs are measured and list the factors that affect vital signs, be able to identify normal ranges for each temperature site and how to use thermometers. The student will also know the normal vital signs for different age groups.

**Acute Care Nursing Assistant**

**Pre-requisite (CNA): 3 days theory - 7 days clinical**

*\$950*

This course is for the Active CNA to acquire the responsibilities of an acute care nursing assistant including communication in the hospital setting, care of the surgical patient, nutritional care, renal care, reproductive care, endocrine system, cardiovascular care, respiratory care, orthopedic care, neurological care, oncology, immunosuppression, death and dying and pediatric care in the acute care setting with a clinical component.